

2026 FITNESS CENTER EVENTS

Special Events

All dates & times are subject to change

Month	Event	Date	Registration Dates
Jan	Love You-Best Body Challenge Initial Weigh-In Squadron vs. Squadron (1730)	16 Jan	1 Jan - 14 Jan
	Operation 1st Strike-Triad Run- New Year 5K (0730)	23 Jan	1 -21 Jan
Feb	Heart & Sole-Valentine's Day 5K (0730)	13 Feb	26 Jan – 11 Feb
	Titan Gridiron god-1v1 Flag Football Tournament Squadron vs. Squadron	20 Feb	15 Jan -18 Feb
Mar	Served Fried Pickles-Pickleball Tournament Squadron vs. Squadron (1700)	6 Mar	15 Feb – 4 Mar
	Love You- Best Body Challenge Final Weigh-In Squadron vs. Squadron (1730)	13 Mar	N/A
	Speed-Seekers-Track & Field Event Squadron vs. Squadron (0730)	20 Mar	20 Feb -18 Mar
Apr	Fuel for Flight- Nutrition 101 Seminar (1730)	3 Apr	8 Mar -1 Apr
	Block Party-Volleyball Tournament Squadron vs. Squadron (1800)	17 Apr	1-15 Apr
May	Chiseled-Body Building Competition Squadron vs. Squadron (0830-1500)	8 May	1 Mar- 6 May
	Anime 5K (1800)	22 May	15 Apr -20 May
Jun	Ruck It! Spines of Steel-Ruck March 5K (1800)	12 Jun	15 May -10 Jun
	Slugfest-Home Run Derby Squadron vs. Squadron (1730)	26 Jun	1- 24 Jun
Jul	Dye-namic Dreams-Color Run 5K (1700)	10 Jul	15 Jun-8 Jul
	Titan's Shield-NATO World Cup Tournament Country vs. Country (1800)	24 Jul	6 -24 Jul
Aug	Beast-mode-Powerlifting Competition Squadron vs. Squadron (1730)	7 Aug	15 Jul- 5 Aug
	Titan's Triple Crown-Triathlon Country vs. Country (1700)	21 Aug	1-19 Aug
Sep	We are One- 9/11 Remembrance 5K (1730)	11 Sep	15 Aug- 9 Sep
	USAF Birthday- Commander's Run 5K (1700)	25 Sep	1 -23 Sep
Oct	(Snapped) Female Edition-Powder Puff Football Squadron vs. Squadron (1730)	16 Oct	15 Sep-14 Oct
	I See Dead People! Halloween/Zombie 5K (1730)	30 Oct	1-28 Oct
Nov	Buggs Bunny Classics-Basketball Tournament Squadron vs. Squadron (1730)	6 Nov	8 Oct- 4 Nov
	Carved-Turkey Trot Relay 5K Squadron vs. Squadron (1700)	20 Nov	15 Oct -18 Nov
Dec	Jingle all the Way! Christmas 5K (0800)	4 Dec	1 Nov-2 Dec

2026 FITNESS CENTER EVENTS

MONTH	*All Dates & Locations Subject to Change*	Location
January - March	BASKETBALL 12 Jan: Coaches Meeting 20 Jan: Season Start	Titan Bldg. 973
March - May	VOLLEYBALL 9 Mar: Coaches Meeting 17 Mar: Season Start	LTL Bldg. 2712
May - July	SOFTBALL 11 May: Coaches Meeting 19 May: Season Start	Softball Field 6033
July - September	SOCCER 27 July: Coaches Meeting 4 Aug: Season Start	Softball Field 6033
September - November	FLAG FOOTBALL 21 Sept: Coaches Meeting 29 Sept: Season Start	Softball Field 6033
December	HOLIDAY BREAK	

Ultimate Titan Incentive Points

"Ultimate Titan" competition focuses on both winning events and general participation. The goal is to incentivize both high performance and broad involvement across units/countries.

Core Principles

Objective: Increase participation in special events.

Award: "Ultimate Titan Trophy" presented every 6 months.

Tracking: "Titan's Hall of Glory" displays most points earned by top 3 units/countries at the Titan Fitness Center

Competition Structure

Squadron vs. Squadron

Country vs. Country

Restart: Competition restarts every 6 months.

Emphasis: Rewards both winning and participation.

Balanced Victory and Participation (Point breakout)

Squadron 5K PT (Squadron Commander, SEL, or Shirt notifies Fitness/verify unit day of 5K): **7 points**

Squadron vs. Squadron **-or-** Country vs. Country Special Event (Winners): **8 points**

Squadron vs. Squadron **-or-** Country vs. Country 5Ks (Relay Winners): **10 points**

Squadron vs. Squadron **-or-** Country vs. Country Intramural Sports (Team Win/Champions): **12 points**

Participation (per person, that show up & participate in each event/5K): **3 points (50/20 participants is cap for # of people)**

5K Top 3

(Male 1st = **6 points**, 2nd = **4 points**, 3rd = **2 points**)

(Female 1st = **6 points**, 2nd = **4 points**, 3rd = **2 points**)

Additional Information

Participation Caps: There is a cap on participation points for a single event to prevent extremely large units from dominating solely based on size. **3 points (50/20 participants is cap for # of people)**

Tracking and Transparency: A posted leader board will be the current public system for tracking points displaying the "Titan's Hall of Glory" standings in the Titan Fitness Center. Regular updates and announcements will keep participants engaged via email.

Promotional Campaigns: For each event marketing campaign will be generated to clearly explain the point system, emphasizing the benefits of event wins, participation and the prestige of honor of clenching the "Ultimate Titan Trophy."