

DAY 18 THU, 01 FEB    DAY 19 FRI, 02 FEB    DAY 20 SAT, 03 FEB    DAY 21 SUN, 04 FEB    DAY 01 MON, 05 FEB    DAY 02 TUE, 06 FEB    DAY 03 WED, 07 FEB

MIDNIGHT	MIDNIGHT	MIDNIGHT	MIDNIGHT	MIDNIGHT	MIDNIGHT	MIDNIGHT
Basil Baked Fish (Green)	Polynesian Fillet (Green)	Fish Veracruz (Green)	Baja Fish Tacos (Yellow)	Southern Fried Chicken (Red)	Grilled Pork Chops (Yellow)	Caribbean Chicken (Green)
Mashed Potatoes (Green)	Jefferson Noodles (Green)	Mexican Rice (Green)	Steamed Rice (Green)	Brown Rice (Green)	Steamed Rice (Green)	Franconia Potatoes (Green)
Glazed Carrots (Green)	Scalloped Corn (Green)	Corn Combo (Green)	Mixed Vegetables (Green)	Carrots (Green)	Roasted Cauliflower (Green)	Broccoli Combo (Green)
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Basil Baked Fish (Green)	Polynesian Fillet (Green)	Spinach Lasagna (Green)	Roast Turkey (Green)	Baked Fish w/Lemon Garlic Butter (Green)	Turkey A La King (Green)	Caribbean Chicken (Green)
Grilled Chicken w/ Mustard Sauce (Yellow)	Beef Ball Stroganoff (Yellow)	Orange Rosemary Pork Chop (Yellow)	Baja Fish Tacos (Yellow)	Beef Ball Stroganoff (Yellow)	Grilled Pork Chops (Yellow)	Baja Fish Tacos (Yellow)
Steak Ranchero (Red)	Chicken Cordon Bleu (Red)	Country Style Steak (Red)	Swiss Steak w/Brown Gravy (Red)	Southern Fried Chicken (Red)	Yankee Pot Roast (Red)	Cantonese Spareribs (Red)
Chicken/Turkey Gravy (Green)	Chicken/Turkey Gravy (Green)	Mushroom Gravy (Green)	Brown Gravy (Green)	Brown Gravy	Onion Gravy	Brown Gravy
Mashed Potatoes (Green)	Jefferson Noodles (Green)	Baked Potato (Green)	Steamed Rice (Green)	Brown Rice (Green)	Steamed Rice (Green)	Red Beans & Rice (Yellow)
Buttered Egg Noodles (Yellow)	Baked Mac and Cheese (Red)	Crispy Potato Wedges (Yellow)	Au Gratin Potatoes (Yellow)	Buttered Egg Noodles (Yellow)	Buttered Parsley Potatoes (Green)	Franconia Potatoes (Green)
Peas w/ Mushrooms and Onions (Green)	Fried Cabbage (Green)	Japanese Stir Fry Vegetables (Green)	Mixed Vegetables (Green)	Carrots (Green)	Peas (Green)	Brussel Sprouts (Green)
Creamed Corn (Green)	Scalloped Corn (Green)	Carrots (Green)	Peas and Carrots (Green)	French Style Peas (Green)	Corn Calico (Green)	Savory Summer Squash (Green)
Glazed Carrots (Green)	Summer Squash (Green)	Broccoli (Green)	Corn Combo (Green)	Green Beans (Green)	Roasted Cauliflower (Green)	Broccoli Combo (Green)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Southwestern Shrimp Linguine (Green)	Ginger BBQ Chicken (Green)	Fish Veracruz (Green)	Stir Fry Chicken w/Broccoli (Green)	Baked Turkey Roulade Florentine (Green)	Beef Stir Fry (Green)	Basil Baked Fish (Green)
Mr. Z's Baked Chicken (Yellow)	Shrimp Jambalaya (Yellow)	Zesty Pork Chops (Yellow)	Shrimp Chop Suey (Yellow)	Baked Pork Chop (Yellow)	Baked Salmon (Yellow)	Herbed Baked Chicken (Yellow)
Polish Sausage (Red)	Syrian Beef Stew (Red)	Asian Bourbon Beef	Teriyaki Steak (Red)	Beef Brogul (Red)	Easy Chow Mein w/Chicken (Red)	Chili Mac (Red)
Brown Gravy (Green)	Chicken/Turkey Gravy (Green)	Mushroom Gravy (Green)	Brown Gravy (Green)	Turkey Gravy	Cream Gravy	Chicken Gravy
Baked Potato (Green)	Baked Potato Halves (Green)	Mexican Rice (Green)	Pork Fried Rice (Yellow)	Long Grain & Wild Rice (Green)	Filipino Rice	Islander's Rice
Glazed Sweet Potatoes (Green)	Franconia Potatoes (Green)	Roasted Pepper Potatoes (Green)	Scalloped Potatoes (Green)	Rissole Potatoes (Yellow)	Roasted Pepper Potatoes (Green)	Scalloped Potatoes (Green)
Fried Cabbage (Green)	Fried Cauliflower (Yellow)	Tempura Vegetables (Yellow)	Southern Style Collard Greens (Green)	Cauliflower (Green)	Fried Cabbage (Green)	Fried Okra (Yellow)
Spinach Club (Yellow)	Peas and Carrots (Green)	Peas (Green)	Creamed Corn (Green)	Creamed Corn (Green)	Asparagus (Green)	Mixed Vegetables (Green)
Broccoli Combo (Green)	Glazed Sweet Potatoes (Green)	Corn Combo (Green)	Spanish Style Beans (Green)	Summer Squash (Green)	Broccoli (Green)	Boston Baked Beans (Green)

DAY 04 THU, 08 FEB	DAY 05 FRI, 09 FEB	DAY 06 SAT, 10 FEB	DAY 07 SUN, 11 FEB	DAY 08 MON, 12 FEB	DAY 09 TUE, 13 FEB	DAY 10 WED, 14 FEB
MIDNIGHT	MIDNIGHT	MIDNIGHT	MIDNIGHT	MIDNIGHT	MIDNIGHT	MIDNIGHT
BBQ Beef Cubes (Red)	Stir Fry Chicken w/Broccoli (Green)	Parmesan Crusted Pork Chop (Red)	Pineapple BBQ Meatballs (Yellow)	Jerk Roast Turkey (Green)	Cajun Chicken (Green)	Mexican Baked Chicken (Yellow)
Steamed Rice (Green)	Rice Pilaf (Yellow)	Brown Rice w/Tomato (Green)	Filipino Rice (Yellow)	Oven Browned Potatoes (Green)	Baked Potato (Green)	Spanish Rice (Green)
Broccoli (Green)	Peas and Carrots (Green)	Roasted Carrots w/ Rosemary	Asparagus (Green)	Fried Cauliflower (Yellow)	Sautéed Collard Greens w/Garlic (Green)	Summer Squash (Green)
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Grilled Salmon w/Citrus Butter (Green)	Stir Fry Chicken w/Broccoli (Green)		Pepper Steak (Green)	Jerk Roast Turkey (Green)	Cajun Chicken (Green)	Fish w/SouthWest Salsa (Green)
Baked Chicken (Yellow)	Shrimp Chop Suey (Yellow)	Ground Turkey Lasagna (Yellow)	Pineapple BBQ Meatballs (Yellow)	Fiesta Fish (Yellow)		Mexican Baked Chicken (Yellow)
BBQ Beef Cubes (Red)	BBQ Spareribs (Red)	Parmesan Crusted Pork Chop (Red)	Mambo Pork Roast (Red)	Cajun Meatloaf (Red)	Grilled Steak (Red)	Ground Beef Enchiladas (Red)
Chicken Gravy	Onion Gravy	Brown Gravy	Brown Gravy	Turkey Gravy	Cream Gravy	Chicken Gravy
	Steamed Rice	Brown Rice w/Tomato (Green)	Filipino Rice (Yellow)	Islander Rice (Green)	Steamed Rice (Green)	Spanish Rice (Green)
Steamed Rice (Green)	Jefferson Noodles (Green)	Rosemary Roasted Potato Wedge (Green)	Mashed Potatoes (Green)	Oven Browned Potatoes (Green)	Baked Potato (Green)	Hacienda Potatoes (Green)
Zucchini Fritters (Yellow)	Japanese Stir Fry Vegetables (Green)	Roasted Carrots w/ Rosemary	Okra Melange (Green)	Broccoli Polonaise (Green)	Sautéed Collard Greens w/Garlic (Green)	Hacienda Corn and Black Beans (Green)
Creamed Corn (Green)	Peas and Carrots (Green)	Summer Squash Au Gratin (Green)	Asparagus (Green)	Fried Cauliflower (Yellow)	Corn on the Cobb (Green)	Peas w/ Mushrooms and Onions (Green)
Broccoli (Green)	Cauliflower (Green)		Black Eyed Peas (Green)	Corn (Green)	Mixed Vegetables (Green)	Summer Squash (Green)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Pork Roast Tenderloin (Green)	Fried Catfish (Green)	Roast Turkey (Green)	Ginger BBQ Chicken (Green)	Tuna Noodles (Green)	Pork Chops w/Pineapple Asian Glaze (Green)	Chicken A La King (Green)
Beef Stew (Yellow)	Braised Beef & Noodles (Yellow)	Stuffed Fish (Yellow)	Orange Rosemary Pork Chop (Yellow)		Sweet and Spicy Orange Salmon (Yellow)	Parmesan Fish (Yellow)
BBQ Chicken (Red)	Stuffed Baked Pork Chops (Red)	Beef Pot Pie (Red)	Terriyaki Steak (Red)	Polish Sausage (Red)	Beef Bulgogi (Red)	Beef and Corn Pie (Red)
Brown Gravy	Brown Gravy	Turkey Gravy	Mushroom Gravy	Chicken Gravy	Brown Gravy	Onion Gravy
Brown Rice with Vegetable Sicilian (Green)	Rice Pilaf (Yellow)	Long Grain & Wild Rice (Green)	Oriental Rice (Green)	Rice with Broccoli and Cheese (Red)	Brown Rice (Green)	Steamed Rice (Green)
Sweet Potatoes Southern Style (Green)	Glazed Sweet Potatoes (Green)	Garlic Mashed Potatoes (Yellow)	Jefferson Noodles (Green)	Franconia Potatoes (Green)	Buttered Egg Noodles (Yellow)	Baked Potato (Green)
Corn Combo (Green)	Tempura Vegetables (Yellow)	Cauliflower Combo (Green)	Japanese Stir Fry Vegetables (Green)	French Style Peas (Green)	Mixed Vegetables (Green)	Green Beans (Green)
Fried Cauliflower (Yellow)	Glazed Carrots (Green)	Spinach Club (Yellow)	Peas (Green)	Savory Style Beans (Green)	Broccoli (Green)	Corn Calico (Green)
Green Beans (Green)	Wax Beans		Herbed Green Beans (Green)	Roasted Carrots w/ Rosemary	Savory Summer Squash (Green)	Peas and Carrots (Green)

DAY 11 THU, 15 FEB	DAY 12 FRI, 16 FEB	DAY 13 SAT, 17 FEB	DAY 14 SUN, 18 FEB	DAY 15 MON, 19 FEB	DAY 16 TUE, 20 FEB	DAY 17 WED, 21 FEB
MIDNIGHT	MIDNIGHT	MIDNIGHT	MIDNIGHT	MIDNIGHT	MIDNIGHT	MIDNIGHT
Stuffed Green Peppers (Green)	Beef Yakisoba (Red)	Pacific Salmon w/Maple Ginger Glaze (Yellow)	Cajun Fish (Green)	Terriyaki Pork Steak (Yellow)	Baja Baked Cod (Green)	Baked Turkey and Noodles (Yellow)
Rissolo Potatoes (Yellow)	Brown Rice (Green)	Long Grain & Wild Rice (Green)	Baked Potato Halves (Green)	Oriental Rice (Green)	O'Brien Potatoes (Green)	Rice Pilaf (Yellow)
Fried Okra (Yellow)	Herbed Green Beans (Green)	Glazed Carrots (Green)	Corn Combo (Green)	Wax Beans	Broccoli (Green)	Broccoli Combo (Green)
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Stuffed Green Peppers (Green)	Pork Roast Tenderloin (Green)	Turkey Nuggets (Green)	Cajun Fish (Green)	Polynesian Fillet (Green)	Baja Baked Cod (Green)	
Creole Shrimp (Yellow)		Pacific Salmon w/Maple Ginger Glaze (Yellow)	Shrimp Jambalaya (Yellow)	Terriyaki Pork Steak (Yellow)	Chicken Fajitas (Yellow)	Baked Turkey and Noodles (Yellow)
Hot and Spicy Chicken (Red)	Beef Yakisoba (Red)	Salisbury Steak (Red)	Southern Fried Chicken (Red)		Steak Ranchero (Red)	Beef and Corn Pie (Red)
Brown Gravy	Brown Gravy	Brown Gravy	Brown Gravy	Cream Gravy	Onion Gravy	Cream Gravy
Brown Rice with Vegetable Sicilian (Green)	Brown Rice (Green)	Long Grain & Wild Rice (Green)	Baked Mac and Cheese (Red)	Oriental Rice (Green)	Mexican Rice (Green)	Rice Pilaf (Yellow)
Rissolo Potatoes (Yellow)	Baked Sweet Potato (Green)	Corn Bread Dressing (Red)	Baked Potato Halves (Green)	Buttered Egg Noodles (Yellow)	O'Brien Potatoes (Green)	Glazed Sweet Potatoes (Green)
Fried Okra (Yellow)	Tempura Vegetables (Yellow)	Cauliflower Parmesan (Green)	Corn Combo (Green)	Green Beans (Green)	Refried Beans (Yellow)	Peas w/ Mushrooms and Onions (Green)
Succotash (Green)	Scalloped Corn (Green)	Glazed Carrots (Green)	Spinach (Green)	Corn on the Cobb (Green)	Mexican Corn (Green)	Spinach Club (Yellow)
Collard Greens (Green)	Herbed Green Beans (Green)	Green Beans (Green)	Cauliflower Au Gratin (Green)	Carrots (Green)	Broccoli (Green)	Broccoli Combo (Green)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Honey Ginger Chicken (Green)	Santa Fe Glazed Chicken (Green)	Cheese Tortellini with Marinara (Green)	Spinach Lasagna (Green)	Caribbean Chicken (Green)	Roast Turkey (Green)	Shrimp Kebab (Green)
Shrimp Scampi (Yellow)	Southern Fried Catfish (Yellow)	Grilled Pork Chops (Yellow)	Spaghetti w/Meat Sauce (Yellow)	Mediterranean Salmon (Yellow)	Zesty Pork Chops (Yellow)	Grilled Chicken w/ Mustard Sauce (Yellow)
BBQ Spareribs (Red)		Chinese Five-Spice Chicken (Red)	Chicken Parmesan (Red)	Cantonese Spareribs (Red)	Swiss Steak w/Brown Gravy (Red)	Yankee Pot Roast (Red)
Brown Gravy	Cream Gravy	Cream Gravy	Chicken Gravy	Onion Gravy	Brown Gravy	Brown Gravy
Jefferson Noodles (Green)	Southwestern Rice (Green)	Harvest Blend Rice (Yellow)	Parmesan Rice (Green)	Islander Rice (Green)	Spicy Brown Pilaf Rice (Yellow)	Hopping John Rice (Green)
Roasted Pepper Potatoes (Green)	Baked Mac and Cheese (Red)	Oven Browned Potatoes (Green)	Potatoes and Herbs (Green)	Crispy Potato Wedges (Yellow)	Corn Bread Dressing (Red)	Baked Sweet Potato (Green)
Peas w/ Mushrooms and Onions (Green)	Okra Melange (Green)	Spinach (Green)	Garlic Peas (Green)	Broccoli Polonaise (Green)	Brussel Sprouts (Green)	Asparagus (Green)
Broccoli Combo (Green)	Black Eyed Peas (Green)	Carrots (Green)	Zucchini Fritters (Yellow)	Corn (Green)	Sautéed Collard Greens w/Garlic (Green)	Summer Squash Au Gratin (Green)
Roasted Cauliflower (Green)	Southern Style Collard Greens (Green)	Cauliflower Combo (Green)	Harvest Vegetable and Bean Ragout (Green)	Simmered Pinto Beans (Green)	Roasted Carrots w/ Rosemary	Scalloped Corn (Green)

DAY 18 THU, 22 FEB	DAY 19 FRI, 23 FEB	DAY 20 SAT, 24 FEB	DAY 21 SUN, 25 FEB	DAY 22 MON, 26 FEB	DAY 23 TUE, 27 FEB	DAY 24 WED, 28 FEB
MIDNIGHT	MIDNIGHT	MIDNIGHT	MIDNIGHT	MIDNIGHT	MIDNIGHT	MIDNIGHT
Grilled Pork Chop (Yellow)	Country Style Steak (Red)	Beef Stew (Yellow)	Terriyaki Steak (Red)	Chicken Parmesan (Red)	Chicken Cordon Bleu (Red)	Sweet and Spicy Orange Salmon (Yellow)
Scalloped Potatoes (Green)	Buttered Parsley Potatoes (Green)	Garlic Mashed Potatoes (Yellow)	Jefferson Noodles (Green)	Oven Browned Potatoes (Green)	Rosemary Roasted Potato Wedge (Green)	Roasted Pepper Potatoes (Green)
Corn O'Brien (Green)	Cauliflower (Green)	Creamed Corn (Green)	Japanese Stir Fry Vegetables (Green)	French Green Beans (Green)	Mixed Vegetables (Green)	Peas and Carrots (Green)
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Lemon Pepper Baked Chicken (Green)	Baked Turkey Roulade Florentine (Green)	Basil Baked Fish (Green)	Pork Chops w/Pineapple Asian Glaze (Green)		Creole Fish Fillets (Green)	Santa Fe Glazed Chicken (Green)
Grilled Pork Chop (Yellow)	Parmesan Fish (Yellow)	Beef Stew (Yellow)	Chicken Bulgogi (Yellow)	Shrimp Scampi (Yellow)	Orange Rosemary Pork Chop (Yellow)	Sweet and Spicy Orange Salmon (Yellow)
Chili Mac (Red)	Country Style Steak (Red)	BBQ Chicken (Red)	Terriyaki Steak (Red)	Chicken Parmesan (Red)	Chicken Cordon Bleu (Red)	Stuffed Baked Pork Chops (Red)
Chicken Gravy	Mushroom Gravy	Chicken Gravy	Onion Gravy	Chicken Gravy	Chicken Gravy	Onion Gravy
Southwestern Rice (Green)	Harvest Blend Rice (Yellow)	Steamed Rice (Green)	Fried Rice with Eggs (Green)	Brown Rice with Vegetable Sicilian (Green)	Hopping John Rice (Green)	Long Grain & Wild Rice (Green)
Scalloped Potatoes (Green)	Buttered Parsley Potatoes (Green)	Garlic Mashed Potatoes (Yellow)	Jefferson Noodles (Green)	Oven Browned Potatoes (Green)	Rosemary Roasted Potato Wedge (Green)	Roasted Pepper Potatoes (Green)
Corn O'Brien (Green)	Harvest Vegetable and Bean Ragout (Green)	Creamed Corn (Green)	Japanese Stir Fry Vegetables (Green)	Green Beans (Green)	Mixed Vegetables (Green)	Asparagus (Green)
Southern Style Collard Greens (Green)	Roasted Carrots w/ Rosemary	Simmered Pinto Beans (Green)	Green Beans w/Mushroom (Green)	Cauliflower Combo (Green)	Summer Squash (Green)	Spanish Style Beans (Green)
Tempura Vegetables (Yellow)	Cauliflower (Green)	Peas (Green)	Corn (Green)	Corn O'Brien (Green)	Roasted Cauliflower (Green)	Peas and Carrots (Green)
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Turkey Swedish Meatballs (Green)	Baked Fish w/Lemon Garlic Butter (Green)	Polynesian Fillet (Green)	Jerk Roast Turkey (Green)	Fish Veracruz (Green)	Pork Roast Tenderloin (Green)	Southwestern Fish (Green)
Fiesta Fish (Yellow)	Beef Ball Stroganoff (Yellow)	Pineapple BBQ Meatballs (Yellow)	Creole Shrimp (Yellow)	Mexican Pork Chops (Yellow)	Pacific Salmon w/Maple Ginger Glaze (Yellow)	Mr Z's Baked Chicken
Parmesan Crusted Pork Chop (Red)	Bourbon Chicken (Red)	Hot and Spicy Chicken (Red)	Braised Beef & Noodles (Red)	Chicken Enchiladas (Red)	Chicken Cacciatore (Red)	Beef Fajitas (Red)
Mushroom Gravy	Cream Gravy	Brown Gravy	Turkey Gravy	Chicken Gravy	Chicken Gravy	Chicken Gravy
Brown Rice w/Tomato (Green)		Chicken Fried Rice (Yellow)	Dirty Rice (Green)	Mexican Rice (Green)	Steamed Rice (Green)	Spanish Rice (Green)
Au Gratin Potatoes (Yellow)	Baked Potato Halves (Green)	Rosemary Roasted Potato Wedge (Green)	Rissolle Potatoes (Yellow)	Hacienda Potatoes (Green)	Potatoes and Herbs (Green)	O'Brien Potatoes (Green)
Cauliflower Parmesan (Green)	Collard Greens (Green)	Corn Combo (Green)	Fried Cauliflower (Yellow)	Hacienda Corn and Black Beans (Green)	Sesame Glazed Green Beans (Green)	Mexican Corn (Green)
Boston Baked Beans (Green)	Corn Calico (Green)	Fried Cabbage (Green)	Corn O'Brien (Green)	Sautéed Peppers and Onions (Green)	Tempura Vegetables (Yellow)	Hacienda Green Beans (Green)
Peas (Green)	Green Beans (Green)	Roasted Cauliflower (Green)	Carrots (Green)	Broccoli Combo (Green)	Corn (Green)	Spinach Club (Yellow)

\*\*Menu subject to change without notice due to availability of rations\*\*